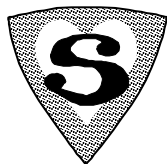


Super Heroes of the Bible - Sample



Teacher Introduction

Read Hebrews Ch. 11 - Ch. 12:3

The willing hearts who served God long ago and today, were and still are made possible by faith in God. In Hebrews 1:1 it says: "In the past God spoke to his people through prophets. But today God speaks to us through his only SON, Jesus!" We have an advantage over the willing hearts of the past because we are able to have the POWER of God living in our lives. We are "Powered Up" by the dynamite* power of the Holy Spirit. He gives us the FAITH to believe and trust in God, the COURAGE to follow him, and the willing hearts to OBEY him..."POWER UP!"

The inspiration for Super Heroes of the Bible comes from Hebrews Chapter 11, the Hall of Fame chapter as it is sometimes referred to. I have chosen men and women, boys and girls, the famous and the not-so-famous, to use as examples of how God uses people with willing hearts to change the course of history. I hope these lessons will inspire the children you teach to have willing hearts to serve our Supreme Super Savior, Jesus Christ.

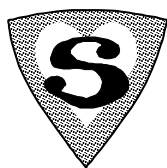
Many Blessings,

Sarah A. Keith

* The Greek word for dynamite is "dunamis" and is translated as "power" in the English translation. In other words, the same dynamite power that raised Jesus from the dead is also available to all who receive Jesus as their Savior. The Holy Spirit gives all believers dynamite power to trust and follow God and the ability to fight against powers of darkness. (See Ephesians 1:19-20 and Ephesians 6:12.)

Song Time Suggestions...available with book purchase.

Super Heroes of the Bible - Sample



Class Introduction

“S” is for Super Savior - Song...available with book purchase.

What is a super hero? (listen for answers. ie. comic book heroes, sports and real life heroes) What are some characteristics of super heroes? What are they like? Can you name any Super Heroes? (listen for answers)

Super heroes are courageous or brave. They are people of honor; we respect them and hold them in high regard. They are people with integrity, having good reputations. People think well of them and say good things about them. People of honor know right from wrong and do it.

Sometimes heroes are famous, and sometimes they aren't. The one characteristic that makes super heroes different from other people is that they have willing hearts to do a special task to rescue others. They put others before themselves and sometimes even endanger their own lives!

Have you ever heard the Bible stories of David and Goliath? Or Noah's Ark? Have you ever stopped to consider what would have happened if David the shepherd boy had said, "I'm too young to serve God. Ask someone else to be king."; or "I'm too busy tending my sheep."; or, "I'm way too small to defeat Goliath! He could kill me!"? All those excuses would be true, but what might have been the result? Goliath and the Philistines might have defeated Israel and God's people would have perished.

What if Noah had said, "Rain? There's no such thing as that much rain!* I can't build an ark to save my family, because if I do my friends and neighbors will make fun of me!" What would have happened if Noah said this? Maybe the entire human race would have been destroyed!

The truth is that God has a plan for all of his creation. If Noah or David hadn't obeyed God, he would most likely have used someone else to do these special tasks. But think of the miracles and the super hero experiences they would have missed out on by not having willing hearts to obey God! God is a loving God who gives us the privilege to work with him to accomplish his will! All it takes is a willing heart, ready to obey him!

Over the next several weeks we are going to look at the lives of David and Noah, as well as some other men and women, and boys and girls, and some famous and not-so-famous people from the Bible, who had willing hearts to obey God. And by obeying him, they were used in miraculous and powerful ways to help change the course of history!

Super Heroes of the Bible - Sample

During these lessons, I hope you will discover how God can use you to change history and how you too can become a super hero for Jesus!

* Genesis 2:5-6 indicates that rain did not exist before the flood.

Theme Memory Verse “God has not given us a spirit of fear, but a spirit of power, of love and of self-discipline.” 2 Timothy 1:7

Use the following motions to accompany the verse:

God: point towards Heaven,

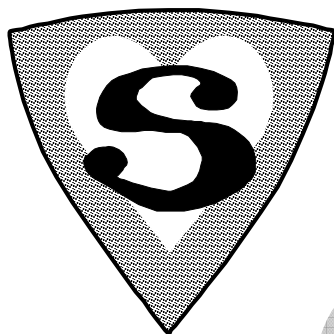
Fear: put both hands to mouth and look afraid,

Power: clench fists and show your muscles,

Love: cross arms over chest,

Self-discipline: head held high, arms down to sides with feet spread apart and chest proudly pushed out.

Award Craft: Super Savior Power Scepters...available with book purchase.



Lesson 1: Adam to Noah (Genesis 1-9)

Song Time (See song suggestions in the introduction)

Enrichment Idea

Begin by telling the story of Creation and the Fall. (Genesis 1-3) You can read portions directly from a Bible, a children's Bible, or paraphrase it in your own words. While you tell the story of Creation and the Fall, have the children draw the story on banner paper using crayons. (Tell them to listen to the story and draw any part of the story they want to draw. They do not have to draw the entire story. You might choose separate groups of children to draw different days of creation.)

When God created the world, it was perfectly beautiful. There was no sickness or disease. There was no death or pain. God provided everything Adam and Eve could ever want. God said it was all good! God gave Adam and Eve the choice to serve and obey him. He wanted them to obey him with willing hearts. But as we learned in the story about Creation, they disobeyed him; they sinned. They ate from the tree that God told them not to eat from. Adam and Eve now had a serious problem. God is a Holy God

Super Heroes of the Bible - Sample

and cannot have sin in his presence. Their close relationship with God was ruined. But God still loved them and had a plan to make it right. God clothed them with animal skins, which meant that an animal had to be killed to cover them. This is the first time the Bible tells us about a sacrifice. An innocent animal had to be killed to cover the sins of Adam and Eve. The Bible tells us God cast them out of the Garden. This may seem harsh, but it was really a good thing. Had God allowed them to stay in the Garden they might have eaten from the other important tree in the Garden, the tree of life. Then they and all their children throughout all generations (you and me) would have been sinful for all eternity and would never have been able to live with God.

The story I've just told you is how sin entered the world. The rest of the Bible is about God's working to save us from our sinful ways, and how he made a way for us to be forgiven. This process is called redemption. It began when God showed Adam and Eve that their sin must be punished, and the way to receive forgiveness is through a sacrifice.

The Bible tells us that after Adam and Eve were cast out of the Garden, they had children, and their children had children and so on and so on. The Bible says it like this,

READ

"The people began to increase in number...but the LORD saw how great man's wickedness on the earth had become, and that every inclination of the thoughts of his heart was only evil all the time. The LORD was grieved that he had made man on the earth, and his heart was filled with pain. So the LORD said, "I will wipe mankind, whom I have created, from the face of the earth--men and animals, and creatures that move along the ground, and birds of the air--for I am grieved that I have made them."

"But Noah found favor in the eyes of the LORD...[the rest of the lesson is available with book purchase.](#)

Pray

Game: Willing Hearts ...[available with book purchase.](#)